



New Bern Housing Authority and the City of New Bern

## **CHOICE NEIGHBORHOODS PLANNING GRANT** **Trent Court/Craven Terrace/Greater Five Points Neighborhood**

### **Health/Wellness Task Force** **Meeting Minutes – March 17**

**Attendees:** **Mary Ann Newman, Joe Hunt, Hope Bucher, Bill Lease, Jennifer Knight, Queen Boyd, Adrienne Payton, Kira O'Donnell, Tina Admas, Marisa Byer, Lisa Mayo, Glennetta Brown, Broad Sceviour, Latahsha P. Simmons, Amy Bryant, Alana Gentry, Roger Benjamin**

**Handouts:** Sample neighborhood strategies matrix from South Norwalk Transformation Plan  
NC- Asheville- Green Developments

Meeting minutes approved by consensus.

#### **Review of Preliminary list of critical needs and additional needs identified**

- **Accessibility which include insurability**
  - **A place where people go as well as a place where people can get to**
- **Health education**
  - **Affordability (co-pays)**
  - **There are approximately 3,000 people falling in the gap with no insurance and that's why we continue to see people using the emergency room as one of their primary care doctors**
  - **Disconnect in Medicaid/Medicare**
  - **Services education**
  - **Personal Wellness**
  - **Dietary Education**
  - **Fitness (relax)**
  - **Understanding of wellness and fitness in the neighborhood**
  - **Personal activity on your own (how to encourage and motivate in your own residence)**
- **Donation of time from stakeholders and partners**
- **Existing programs**
  - **CCHD (Diabetes and nutrition to include food prep)**
  - **Cooperative Extension**
  - **Fresh vegetables (Farmers Market-possible move)**
- **Identify Sites**
  - **Multiple sites**
  - **Small markets**
  - **Vacant city lots**
- **Connecting services to the community through**
  - **Encouragement**
  - **Churches**
  - **Hopeful Balance - partnership**

- Faith connections
- Childcare/children fitness programs
- Being open-minded
- Wellness
- Peer to peer
- Substance abuse is a large part of the health/wellness conversation
  - ECBH talked about their programs as being holistic dealing with the entire persons
- Childhood Health Programming Opportunities
  - Stanley White Recreation Center
  - Hope Resource Center @ DSS
  - Yoga
  - Duffyfield Headstart
  - Community Health Center
  - Resource Center or some type of repository
    - What will a resource center look like?
    - Where will it be located?
    - One stop shop or several stops?
    - A stand alone or housed with other services for the neighborhood
    - Utilizing the 211 system
    - The possibility of public housing liaisons as a beginning
  - Outreach
    - RCS is a possible location for a resource center because it is a gathering place

**Next Meeting:** Thursday, March 31  
 3:30pm  
 Trent Court Auditorium

Proposed Agenda

- Peruse the Bike and Pedestrian Plan and other material from the city
- Determine the top four critical needs/priorities
- Strategies
- Determine if other stakeholders need to be invited
- Review Community Services Inventory