



New Bern Housing Authority and the City of New Bern

**CHOICE NEIGHBORHOODS PLANNING GRANT**  
**Trent Court/Craven Terrace/Greater Five Points Neighborhood**  
**Health/Wellness Task Force**  
**Meeting Minutes – April 1, 2015**

**Attendees:** **Mary Ann Newman, Joe Hunt, Hope Bucher, Bill Lease, Jennifer Knight, Queen Boyd, Adrienne Payton, Kira O'Donnell, Tina Adams, Marisa Byer, Lisa Mayo, Brad Sceviour, Latahsha P. Simmons, Amy Bryant**

**Handouts:** Sample neighborhood strategies matrix from South Norwalk Transformation Plan  
NC- Asheville- Green Developments

Meeting minutes approved by consensus.

Review of Preliminary list of critical needs and additional needs identified

- Accessibility which include insurability
  - A place where people go as well as a place where people can get to
- Health education
  - Affordability (co-pays)
  - There are approximately 3,000 people falling in the gap with no insurance and that's why we continue to see people using the emergency room as one of their primary care doctors
  - Disconnect in Medicaid/Medicare
  - Services education
  - Personal Wellness
  - Dietary Education
  - Fitness (relax)
  - Understanding of wellness and fitness in the neighborhood
  - Personal activity on your own (how to encourage and motivate in your own residence)
  - Childcare/children fitness programs
  - Being open-minded
  - Wellness
  - Peer to peer
- Substance abuse is a large part of the health/wellness conversation
  - ECBH talked about their programs as being holistic dealing with the entire persons
- Childhood Health Programming Opportunities
  - Stanley White Recreation Center
  - Hope Resource Center @ DSS
  - Yoga
  - Duffyfield Headstart
  - Community Health Center
  - Resource Center or some type of repository
    - What will a resource center look like?

**Next Meeting:** April 20 – 3:00 pm. Road trip!  
Meet at Trent Court Auditorium