



New Bern Housing Authority and the City of New Bern

CHOICE NEIGHBORHOODS PLANNING GRANT
Trent Court/Craven Terrace/Greater Five Points Neighborhood
Health/Wellness Task Force

Meeting Minutes April 20, 2015

Attendees: Hope Bucher, Jennifer Knight, Adrienne Payton, Kira O'Donnell, Lisa Mayo, Brad Sceviour, Karen Yaech, Priscilla Miller

The Health and Wellness Taskforce met at MERCI for a tour and a discussion on free health services in the area to answer several questions, i.e., what is free health care, what are the myths about free health care and where is MERCI Clinic on providing additional services to the community.

After that, the group headed to Carolina East Medical Center, where we looked at the cafeteria because it is known for healthy choices and their wellness center for employees to gauge their commitment to wellness and to see how we can partner with the hospital for the CNI footprint.

After returning to the hospital conference room, the group discussed the tour, the matrix and creating a vision statement. They were tasked with forming a vision statement for Health/Wellness. **Each member is asked to send their thoughts on a vision statement which will be formulated from the group's thoughts for insertion into the matrix. Send the outcomes to the taskforce with the metrics, strategies and possible partners listed separately to the group. They were reminded a draft matrix needs to be with the consultant by April 30th.**

Outcomes	Metrics	Strategies	Partners
1. Increase Access to primary health care for everyone (youth, adults, seniors disabled)			
2. Community Engagement			
3. Accessibility			

The group discussed many possible strategies and objectives, to include the following. These will be further refined and discussed in the next meeting for insertion into the matrix.

- Resource Center
- Transportation
- Pedestrian/walkability
- Affordability
- Fresh foods
- Engagement
- Services through the school
- Self-awareness
- Person education
- Dietary Education
- Mental Health
- Individual wellness
- Substance Abuse
- Preventive care
- Critical Health Needs
 - Tobacco Cessation
 - Diabetes
 - Hypertension
 - Asthma
 - Domestic violence
 - Mental health
 - Substance Abuse
- Education/Literacy
- Affordability
- State's Medicaid?
- Preventive care?
- Trust
- Community Resource Center
- Support Services
- Outreach
 - Churches
 - Nonprofits
 - Civic
 - Social
 - Local sororities
 - Venue

Next Meeting: May 4, 2014 @ 3:30 p.m. at Trent Court Auditorium